



PHARMACY



Phone 601-707-7545

Fax 601-856-8985

www.mmcpharmacy.com

ABOUT US

COMPOUNDING

STERILE COMPOUNDING

HOW TO WRITE FOR A
COMPOUNDED RX

PRESCRIBER FORUM



Thank you for entrusting in the compounding services at Madison Medical Compounding Pharmacy to help meet the unique medication needs of your patients. We are excited to share our monthly newsletter with you and look forward to working with you. Please don't hesitate to let us know how we can assist you and your practice.

LeAnn Chambers, Pharm.D. and Matthew Chambers, Pharm.D.

Personalized Compounding Solutions for Maternal Health Support

Pregnancy and the postpartum period are times of profound physiological change that may require tailored medical care. While many patients progress through these stages uneventfully, others encounter hormonal fluctuations, pregnancy-related complications, and postpartum concerns that may benefit from individualized treatment approaches.



Our compounding pharmacy partners with healthcare providers to prepare personalized medications that address various maternal health needs—from fertility and pregnancy support to postpartum recovery and lactation care. Frequently compounded formulations include progesterone suppositories, nipple ointments, topical analgesics, and customized hormone therapies.

Progesterone Suppositories: Individualized Support During Pregnancy

Progesterone plays a critical role in pregnancy maintenance, supporting the endometrial lining, modulating the immune response, and promoting fetal well-being. Vaginal progesterone suppositories are frequently prescribed for patients with specific indications such as luteal phase deficiency, recurrent pregnancy loss, or preterm birth risk. Compounded formulations allow for precise dosing, alternative excipients, and customizable formats to accommodate patient-specific sensitivities and preferences.

Postpartum Recovery: Addressing Common Clinical Challenges

The postpartum period, often termed the fourth trimester, can involve physical recovery

and hormonal recalibration. Through collaboration with providers, we compound medications that may support:

- Perineal healing: Custom formulations with ingredients such as lidocaine, hydrocortisone, and antiseptics may be used to address discomfort and localized inflammation following vaginal delivery.
- Hormonal balance: Bioidentical hormone creams (e.g., estriol, estradiol) can be compounded to help assist with symptoms such as vaginal dryness or atrophy.
- Supportive care: Low-dose medications may be prepared to complement broader treatment strategies for postpartum recovery.

Breastfeeding Support: Customized Nipple Ointments

Breastfeeding patients often experience nipple trauma, pain, or infections that can interfere with successful nursing. We compound nipple ointments containing combinations of anesthetic, antibacterial, and antifungal agents—customized to each provider's specifications—to help promote comfort and continued breastfeeding while minimizing unnecessary additives.

Commonly Compounded Medications for Pregnancy & Postpartum Care

- Nausea & Vomiting of Pregnancy (NVP): Custom doxylamine and pyridoxine formulations may be prepared when commercial options are not suitable or tolerated.
- Topical Analgesics: Tailored creams containing lidocaine, anti-inflammatories, and adjunct agents may assist in managing localized discomfort, including sciatic and pelvic pain.
- Thyroid Support: Compounded T3/T4 preparations allow for precise dosing adjustments, particularly valuable for patients with unique requirements or sensitivities.

Collaborating on Postpartum Mental Health

We recognize that postpartum depression and related mood disorders can have multifactorial etiologies, often involving hormonal shifts, thyroid dysfunction, and nutrient deficiencies. Providers may incorporate compounded therapies, such as bioidentical progesterone, thyroid hormone support, and adjunctive low-dose naltrexone, as part of a comprehensive care plan. Our pharmacy compounds these therapies in precise dosages and formulations tailored to clinical needs.

Why Choose Our Compounding Pharmacy?

- Personalized formulations and dosing flexibility
- Solutions for patients with allergies, sensitivities, or unique clinical needs
- Range of delivery options (topical, vaginal, oral, etc.)
- Collaborative approach with OB-GYNs, midwives, and primary care providers.

Commitment to Quality

We adhere to stringent compounding protocols to ensure safety, consistency, and precision. Our pharmacy maintains compliance with all regulatory standards and emphasizes communication and partnership with healthcare providers to deliver optimal patient outcomes.

To learn more about how we can support your practice, please contact our team.

References:

<https://pubmed.ncbi.nlm.nih.gov/32008730/>
<https://obgyn.onlinelibrary.wiley.com/doi/full/10.1111/aogs.12770>
<https://www.liebertpub.com/doi/pdf/10.1089/whr.2021.0104>
<https://pubmed.ncbi.nlm.nih.gov/33370542/>



[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!